



7 CHAKRAS RESORT

GUIDE

📍 Kerobokan - Bali





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Welcome to 7 Chakras Resort

Network:

Password:



Welcome to 7 Chakras Resort, leave your worries by the door and indulge in your very own chakra inspired Private Villas. This 7 bedroom resort enjoys a breathtaking view. Nestled perfectly in Kusambi, Kerobokan, you are only minutes away from all the restaurants, beach clubs and convenience that Kerobokan has to offer without ever having to worry about traffic noise and any other sounds from the city.

You are encapsulated by some of the most peaceful auras and atmospheres that will surely calm you, soothe you, and bring peace to your days spent here with us. The name of the resort, 7 Chakras, is directly inspired by each Chakra of the body. Corresponding to different colors and designs which emanate and radiate through each room and villa here. Each room is themed with a color that represents the chosen chakra found within.

There are 7 villas in total found within the resort, with 3 private 1 bedrooms and 4 private 1 bedroom villas which include your very own, private chakra inspired swimming pool as well.

Merely steps away from your room you will be greeted by a spacious restaurant with an open design, home to a variation of cuisines and delicacies found from all over the world (Still unsure). Look outside the restaurant and the large, ever flowing shared swimming pool dominates the space with its blue stature throughout the majority of the outside areas of the resort, you will be perpetually surrounded by nature, gardens and soft grass accompany your every step.

To the west of the restaurant you have one of the largest and most amazing Yoga Shala's to be found in Bali, with a truly unique and eye-shaped design that flows through the entirety of the Yoga Shala, easily able to contain over 25 people, perfect for group yoga sessions and events!

The 5 room, large and spacious spa is located just east of the entrance, with your very own private and intimate space for a plethora of massage and spa services done in-house, breathe in the fresh oxygen that radiates through the entire villa, with an everflowing breeze and unforgettably unique bedrooms. Welcome to the 7 Chakras Resort

Dewi Mandasari
+62 812 3709 7070

All the information that you will need is available in this booklet, including villa facilities we hope that you thoroughly enjoy your stay with us!



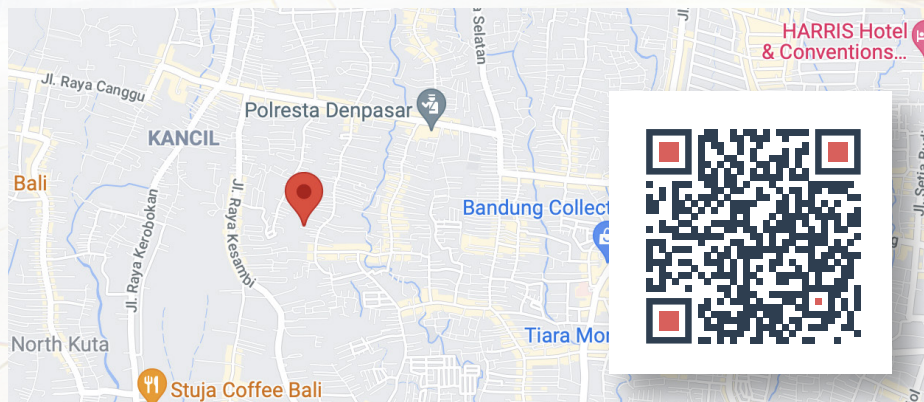
Villa

Location

Gg Beten Sabo, Kerobokan Kaja, North Kuta,
Badung Regency, Bali 80117

Located southwest of Denpasar, Kerobokan prides itself as being one of Bali's premier locations for surfing, nightlife and great food!. Enjoy various day trips and come back to your home away from home, your luxurious sanctuary to get away and relax.

Your villa is perfectly located within the green and beachy nature of Kerobokan, with unquestionably serene, peaceful and calm atmospheres radiating through every part of this blessed land. Even with such peace, you are never too far from all the convenience that Kerobokan has to offer you



Villa Information



Smart TV

Are available in your villas, these TVs are equipped with an easy to use user interface, allowing you to access your favorite shows on **Netflix** or your favorite web series from **YouTube**. **Spotify** and many other apps are also available, don't forget to sign out if you are about to leave the villa!



Housekeeping & Laundry

Services are available within your villa, our cleaning staff conducts a cleaning service based on your request (**Day time only**). Bed sheets, linens and towels are also changed every **3 days**. Laundry services can also be done if required. Please contact the villa attendant for more information.



Losses & Damage

Equipment, facilities and furniture are to be in the same working conditions as they were before your arrival. You are liable to report any damage or missing item/s directly to our staff.



Insects & Repellent

There are a number of insects which may enter your villa according to the season, moths can enter your villa if there is light during the **rainy season**. **Mosquitoes** are also a common find in all of Bali, but worry not! You will find **ample mosquito repellent** in the villa. Please ask the villa attendee for any assistance.



Safety Box

please put all your valuables in the **safety deposit box** which is available in bedrooms, The management will not be liable for any loss or damage to your personal belongings and valuables.





Swimming Pool

Your villa is equipped with a swimming pool with **1.4m** depth, please ensure that any children are to be supervised when using the pool. The swimming pool is cleaned **3 times** per week



Smoking

is **not permitted** in any of the indoor sections of the villas, **smoke detectors** are in place to prevent smoking. Ashtrays are also available throughout the designated smoking **outdoor / open areas**



Noise Levels

You are nestled in some of **Ubud's** most peaceful **rice fields**, please ensure that noise levels are kept at a minimum especially after **10 PM**. The peace of the surrounding area and nature must be maintained, as loud noises may eventually disturb the local communities.



Drugs

The usage, storage, possession of **drugs** is strictly prohibited in our villa as well as Indonesia. Such crimes are unquestionably punishable by imprisonment or even **death**, Incidents which involve drugs will immediately result in expulsion from our villa without any form of refund.



Parties & Events

are not always allowed within our villas, however, any plans and their nature of the party must be communicated to us during the booking process to minimize any trouble or risk with any surrounding **local authorities**. Extra fees will be charged & will also include a security deposit.



Doors & Energy Saving

Please be sure to close all doors and turn off all lights when leaving your villa, stray animals have tendencies to enter your villa if any doors are open, especially if lights are also on.



Drugs

Enjoy the comfort of your very own private bedroom with your unique garden to match your inner peace. Each bedroom is themed with the individual Chakras found within ourselves, indulge yourself in the large and spacious design with a breathe of fresh air accompanying your every moment, every bedroom includes a one of a kind ensuite bathroom with a large bathtub, high quality appliances, and an enchantingly beautiful marble design that will surely please the most aesthetic minded.



Parties & Events

Breathe in the fresh air every morning from your private villa, each villa is chakra inspired to elevate the design philosophy of the resort, with your very own private pool and beautifully maintained garden, you are sure to indulge your senses in an unforgettable chakra inspired experience. Every bedroom includes a one of a kind ensuite bathroom with a large bathtub, high quality appliances, and an enchantingly beautiful marble design that will surely please the most aesthetic minded.



What To Do Around Kerobokan

Accompanied by vast beaches and nightlife, **Kerobokan** sits peacefully in the midst of all the hustle and bustle of **Bali's Seminyak and Petitenget areas**. Have a dip on **Batu Bolong Beach**, or have a meal with a perfectly made cocktail in hand, or laze away your long days under a daybed in a beachfront bar. **Kerobokan** is naturally made up of a stretch of memorable beaches, including **Echo Beach**.

The beaches make **Kerobokan** a great place to surf, or simply to learn surfing! Amongst watching the sunsets on **Echo beach**, **Canggu** is also close to **Tanah Lot**, perched atop a truly astonishing Rock Formation, **Tanah Lot** is a Hindu Temple which has gained popularity and is often adored by photographers at sunset times. The journey from **Kerobokan** to **Tanah Lot** typically takes about **30 minutes** and costs **IDR 60k~**, Sarongs are provided at the entrance as knees must be covered.





Massage

We do offer in-house massage services that are just done by a professional masseuse, please contact us for more information regarding pricing and availability. Spend your days relaxing and getting the massage you deserve in our very own spa building located just by the lobby!

This spacious spa building contains 5 private rooms, we offer a variation of massage and spa services as follows

- **Full body Massage**
- **Balinese Massage**
- **Shiatsu Massage**
- **Hot Stone Massage**
- **Reflexology**

(This is too a placeholder as we will need to finalise what types of spa services will be provided in the resort)



Yoga

Step down into the area just by the stairs, look left and you will witness the beauty that is the 7 Chakras resort Yoga Shala. With its very own 'Eye' that creates for a truly mesmerising experience throughout your morning or evening Yoga sessions.

Our Yoga Shala is large enough to contain over 25 people! So lets get your yoga on! The following are some of the services that we offer:

- **Yoga Packages**
- **Yoga instructor**

Please contact us beforehand if you require to use the Yoga Shala for any other purpose (Events, Weddings, etc)

(This is too a placeholder as we will need to finalise what types of spa services will be provided in the resort)





Bali

Essentials

Culture

Please respect **Bali's** strong culture and traditions throughout the island, especially within temples. Both male and females are required to wear **sarong**, sleeveless and short clothing is not allowed nor is it recommended

Cleanliness around Bali

Respecting the cleanliness around **Bali** is a very important aspect of **Balinese culture**, throwing cigarette butts and loitering around streets, temple entrances is seen as a disgrace and is not recommended.

Balinese Cuisine

Try the **local balinese cuisine**! Such as **nasi campur** (Mixed rice), **Sambel Matah** (Chilli in coconut oil), **Babi guling** (Roasted pork), **Gado-Gado**, (Mixed vegetables with nut sauce), **Sate Ayam** (Chicken skewers) and so many more! Many of these dishes are relatively spicier than food found in **European / Australian** regions, so make sure you plan accordingly!

Traffic Jams & Bali Lifestyle

Please don't be upset on the road, the traffic jams can be quite slow, or if your driver is not driving as fast as expected, or if food can take slightly longer to be served. This is partly due to the **balinese lifestyle** that takes place throughout the island. Also, do not be surprised if your food is served individually, it is a customary nature in Indonesia that the food is served immediately when it's ready, regardless of who gets their food first.

Road Access

In **Canggu** is generally not in the best shape, roads are also smaller compared to those found in the **south of Bali** or **Denpasar**. Due to this, please wear a helmet if you are to ride a motorcycle and always ensure to wear your seatbelt when driving a car. You will have to pay a fine if you are not wearing a helmet or not in possession of any form of identification / driver's license.

Tipping and Bargaining

Most Balinese restaurants do not expect any form of tips, but you are more than welcome to do so freely. When you are purchasing something in a public market, please also be aware that price negotiation and bargains is a big part of **balinese culture!**

Bali is full of hidden and pleasant surprises, this is truly an island that has much more than meets the eye. People are always very welcoming towards anybody. They are always willing to answer any questions you may have, Balinese folk can typically answer a couple of questions in English, just enough to get by.

If you do have absolutely any questions, please don't hesitate to reach out to us.



The 7 Chakras Restaurant

Enjoy your very own world class cuisine experience within the resort itself! The restaurant is located just left of the beautiful Yoga Shala. Indulge in all types of cuisines that range from (We will insert the specifics here later when the menu is finalised, this is just a placeholder for the time being)

Find yourself lounging with the swimming pool in your view, peace that surrounds and radiates through every bite of your perfectly cooked meals

Please do contact us beforehand if you require further information regarding our cuisines, or if you have any allergies to specific foods





Services, Activities and Tours

Our butler will be happy to arrange services for you such as : **motorbike rental, private drivers, private cooking chef, massage and laundry.**

If you wish to explore Canggu and its surroundings with us, do not hesitate to check our **fantastic day tours** and **activities catalog** and contact us in **English, French** and **Indonesian** !



Emergency number : 112
Fire department: 113
Police: 110
Ambulance: 118
Tourist Police: 0361 224 111



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